

# arlington class schedule

visit [www.tranquilspace.com](http://www.tranquilspace.com)  
for class descriptions and teacher bios.

mon    tues    wed    thur    fri    sat    sun

## class passes

passes are valid for 3 months after date of first use. class passes are non-transferrable and non-refundable. students and seniors receive a 10% discount on class purchases.

\$17.....one class  
\$33\*\*.....3 classes  
\$92.....6 classes  
\$145.....10 classes  
\$255.....20 classes  
\$170...1-month unlimited  
\$420...3-month unlimited  
\*\* first-timers only

## rental prices

\$1.....mat rental fee  
\$1.....towel rental fee

day classes						
10:30 ~ 11:45					yoga 1	yoga 2
12:00 ~ 1:15					yoga 2	yoga 1
evening classes						
6:00 ~ 7:15					open flow	
7:00 ~ 8:15	open flow	open flow	open flow	open flow		

enjoy using your dupont and bethesda passes in arlington!  
dupont webscheduler users, use the same log-in to access arlington classes, or come in person. bethesda passes can be used in-person only at the arlington studio.

schedule valid 9/12/07 and is subject to change.

inspire yourself at  
**tranquil space<sup>®</sup> arlington**

**3260 wilson boulevard  
arlington, va 22201  
202.223.9642**

**tranquil space<sup>®</sup> arlington** is a **vinyasa yoga playground** in the heart of arlington.  
we offer **creative classes** for all levels.  
**delight in your practice** and uncover  
your own **tranquil space within...**

**tranquil space<sup>®</sup> arlington offers:**

- ★ aromatherapy, tea and cookies
- ★ enlightening events and workshops
- ★ private sessions and yoga parties
- ★ community-focused charity contributions
- ★ additional studios in dupont circle and bethesda

**tranquilspace.com**

**kimberly wilson, creative director**

