

TRAVEL + LEISURE

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25 Top Yoga Studios Around the World

If you practice yoga, the classes that some hotels offer can be frustratingly easy. But how do you find a challenging class in a foreign city? We did the work for you. Here, 25 top yoga studios in cities around the world. All welcome drop-ins and have English-speaking instructors. Namaste!

From [April 2007](#)

By [Hannah Wallace](#)

10. Washington, D.C.

There are two studios at Tranquil Space (www.tranquil-space.com; \$13) on Dupont Circle—the sky studio, with 15-foot ceilings and skylights and the sea studio, which is painted a soothing sea-foam green. Nonetheless, classes can be packed—especially the hour-long Express yoga at noon and at 5:15 p.m. Instructors, all of whom teach Vinyasa flow, are excellent, and the post-practice tea and cookies is a welcome tradition.



[Alicia Boegglid](#)

ars, and Vinyasa flow. (Founders Tom and John Friend, among others.)

...with 10 to 15 minutes at the start or end of practice, ... The 1,300-square-foot studio has two rooms with floor-to-ceiling windows; come summer,